



# *Moss Cable Stitch Beret*

**Materials:** 2 balls PolarKnit™ 80m/88yds - Worsted Weight  
5.5mm (US 9) circular needle (16" to 20" long)  
5.5mm (US 9) double pointed needles  
Cable needle  
Darning needle  
Stitch markers

**Gauge:** 16 sts and 24 rows = 10 cm (4 inches). 4sts per inch

**Sizes:** Adult hat size, 21-22" head circumference.

**Stitch Abbreviations:**

C4f = slip 2sts onto cable needle and hold in front of work. K2, K2 from cable needle.  
Kfb = knit into the front and back of stitch.

**Instructions:**

Cast 80sts onto circular needle, join into round being careful not to twist stitches. Begin a rib pattern of \*K1, P1\* and repeat to end of row. Repeat this row 7 times.

Increase row - \*K1, Kfb\* repeat to end of round (120sts). Place marker to remind you of start of round.

Establish main pattern of hat - based on a repeat of 4 rows:

Row 1 - \*P2, K4, P2, K1, P1, K1, P1, K1, P1, K1\* repeat to end of round.

Row 2 - \*P2, K4, P3, K1, P1, K1, P1, K1, P1\* repeat to end of round.

Row 3 - Repeat row 1.

Row 4 - \*P2, C4f, P3, K1, P1, K1, P1, K1, P1\* repeat to end of round.

Repeat these 4 rows until beret measures about 6 inches from cast on edge or until 8 full cable twists have been completed.

Crown Decrease: (Switch to dpn's when needed.)

Row 1 - \*P2, K4, P2, K1, P1, K1, P1, K1, P1, K1\* repeat to end of round.

Row 2 - \*P2, K4, P1, P2tog, K1, P1, K1, P1, K1, P1\* repeat to end of round. (112sts)

Row 3 - \*P2, K4, P3, K1, P1, K1, P1, K1\* repeat to end of round.

Row 4 - P2, \*C4f, P2, K1, P1, K1, P1, K1, P2tog, P1\* repeat until 2sts remain, K2tog. (104sts)

Row 5 - P2, \*K4, P1, P2tog, K1, P1, K1, P2tog, P1\* repeat until 2sts remain, K2tog. (88sts)

Row 6 - P2, \*K4, P3, K1, P3\* repeat to end of round ending with K1.

Row 7 - \*P2, K4, P2, K1, P1, K1\* repeat to end of round.

Row 8 - P2, \*C4f, P1, P2tog, K1, P2tog, P1\* repeat until 2sts remain, K2tog. (72sts)

Row 9 - \*P2tog, K4, P2tog, P1\* repeat to end of round. (56sts)

Row 10 - \*K2tog, K2tog, K2tog, K1\* repeat to end of round. (32sts)

Row 11 - \*K2tog, P2tog\* repeat to end of round. (16sts)

Row 12 - \*K2tog\* repeat to end of round. (8sts)

Break and thread yarn through remaining stitches. Draw tightly and secure.

Always machine wash and dry your finished garment to rid it of residual fluff.