



PEANUT PILLOW

(A.K.A. “The Neck Nut”)

Materials: Small Pillow 2 balls of PolarKnit™ 50m/55yd
Large Pillow 3 balls of PolarKnit™ 50m/55yd
One set of 7mm (US 10 ½ or 10 ¾) double pointed needles

Finished Sizes: Small Pillow - 28cm long x 15cm wide (11 inches x 6 inches)
Large Pillow - 33cm long x 18 cm wide (13 inches x 7 inches)

Stitches: M1 make one st. Use right hand needle to pick up the horizontal strand that is between the last stitch worked on the right needle and the next stitch to be worked on the left needle. Insert the right needle into the back of the loop and knit it.
DVD double vertical decrease (or slip 2, knit 1, pass slipped stitches over). Insert the right needle into the next 2 stitches on the left needle as if to knit them together and then slip them off the left needle and onto the right needle. Knit the next stitch from the left needle. Use the left needle to pick up both slipped stitches at the same time and pass them over the knit stitch and off the right needle.

Hints: If you knit with a very tight tension, I recommend that you knit this pattern with a set of 8mm (US 11) double pointed needles.

Instructions:

You will be knitting two identical halves and joining them together with a Kitchener Stitch.
Using a piece of contrasting scrap yarn, cast on 32 sts for the small pillow and 40 sts for the large pillow using your set of double pointed needles. A provisional cast on is the best method here.

Small Pillow:

Row 1 - change to your chosen colour of PolarKnit™ and K this row.

Row 2 *K1, P7* repeat three more times.

Row 3 K this row.

Repeat rows 2 and 3 three more times.

Row 10 K1, M1, K8, M1, K8, M1, K8, M1, K7. (36 sts)
Row 11 *K1, P8* repeat three more times.
Row 12 K1, M1, K9, M1, K9, M1, K9, M1, K8. (40 sts)
Row 13 *K1, P9* repeat three more times.
Row 14 K1, M1, K10, M1, K10, M1, K10, M1, K9. (44 sts)
Row 15 *K1, P10* repeat three more times.
Row 16 K1, M1, K11, M1, K11, M1, K11, M1, K10. (48 sts)
Row 17 *K1, P11* repeat three more times.
Row 18 K1, M1, K12, M1, K12, M1, K12, M1, K11. (52 sts)
Row 19 *K1, P12* repeat three more times.

Row 20 K this row.

Repeat rows 19 and 20 three more times.

Row 27 *K1, P12* repeat three more times.
Row 28 *DVD, K10* repeat three more times.
Row 29 K1, P10, K1, P10, K1, P10, K1, P9.
Row 30 *DVD, K8* repeat three more times.
Row 31 K1, P8, K1, P8, K1, P8, K1, P7.
Row 32 *DVD, K6* repeat three more times.
Row 33 K1, P6, K1, P6, K1, P6, K1, P5.
Row 34 *DVD, K4* repeat three more times.
Row 35 K1, P4, K1, P4, K1, P4, K1, P3.
Row 36 *DVD, K2* repeat three more times.
Row 37 K1, P2, K1, P2, K1, P2, K1, P1.

Break yarn and thread yarn through remaining stitches. Draw tightly and secure.

Make another identical half. Always machine wash your finished garment to rid it of residual fluff.

Once you have two halves, pull out the scrap cast one row of yarn and place the stitches on your double pointed needles. Stuff each side with fibre fill. Join the two halves together using a Kitchener Stitch.

Large Pillow:

Row 1 - change to your chosen colour of PolarKnit™ and K this row.

Row 2 *K1, P9* repeat three more times.

Row 3 K this row.

Repeat rows 2 and 3 four more times.

Row 12 K1, M1, K10, M1, K10, M1, K10, M1, K9. (44 sts)
Row 13 *K1, P10* repeat three more times.
Row 14 K1, M1, K11, M1, K11, M1, K11, M1, K10. (48 sts)
Row 15 *K1, P11* repeat three more times.
Row 16 K1, M1, K12, M1, K12, M1, K12, M1, K11. (52 sts)
Row 17 *K1, P12* repeat three more times.
Row 18 K1, M1, K13, M1, K13, M1, K13, M1, K12. (56 sts)
Row 19 *K1, P13* repeat three more times.
Row 20 K1, M1, K14, M1, K14, M1, K14, M1, K13. (60 sts)
Row 21 *K1, P14* repeat three more times.

Row 22 K this row.

Repeat rows 21 and 22 four more times.

Row 30 *K1, P14* repeat three more times.
Row 34 *DVD, K12* repeat three more times.
Row 35 K1, P12, K1, P12, K1, P12, K1, P11.
Row 36 *DVD, K10* repeat three more times.

Row 37 K1, P10, K1, P10, K1, P10, K1, P9.

Row 38 *DVD, K8* repeat three more times.

Row 39 K1, P8, K1, P8, K1, P8, K1, P7.

Row 40 *DVD, K6* repeat three more times.

Row 41 K1, P6, K1, P6, K1, P6, K1, P4.

Row 42 *DVD, K4* repeat three more times.

Row 43 K1, P4, K1, P4, K1, P4, K1, P3.

Row 44 *DVD, K2* repeat three more times.

Row 45 K1, P2, K1, P2, K1, P2, K1, P1

Break yarn and thread yarn through remaining stitches. Draw tightly and secure.

Make another identical half.

Always machine wash your finished garment to rid it of residual fluff.

Once you have two halves, pull out the scrap cast one row of yarn and place the stitches on your double pointed needles. Stuff each side with fibre fill. Join the two halves together using a Kitchener Stitch.



Small Pillow - Orange and Blue
Large Pillow - Green