



Triple Berry Hat

with

Matching Cowl

Triple Berry Hat

This hat is knit inside out.

Materials: 1 ball PolarKnit™ 80m/88yds - Worsted Weight
6mm (US 10) circular 16-17" long
6mm (US 10) double pointed needles
Stitch markers

Gauge: 4sts per inch. When you begin the Pattern Stitch below, there are approximately 4 bobbles every 3 inches.

Size: One size fits all, 20-22" adult head circumference.

Pattern Stitch:

Triple Berry or Trinity Stitch: (multiple of 4sts over 4 rows)

Row 1 - (WS) *(K1, P1, K1) into same st, P3tog* repeat to end.

Row 2 - Knit row.

Row 3 - *P3tog, (K1, P1, K1) into same st* repeat to end.

Row 4 - Knit row.

Instructions:

Cast 66sts onto circular needle, join into round being careful not to twist stitches. Place a stitch marker to remind you where is beginning of the row is. Begin a rib pattern of *K1, P1* and repeat to end of row. Repeat this row 6 more times. The ribbed edge of the hat is now finished.

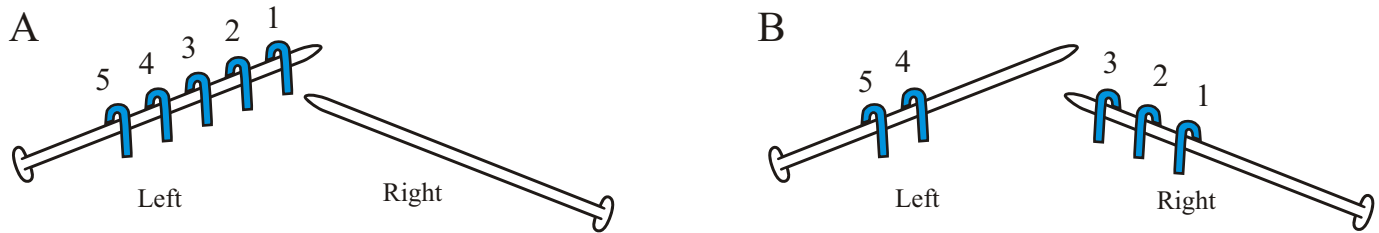
Increase row - *K3, M1* repeat to end of row. 88sts remain on needle.

Now begin the 4 row Triple Berry or Trinity Stitch outlined above. Repeat Rows 1 to 4 four times until your hat measures about 4" from the cast on edge.

Hat Decrease:

Row 1 - Repeat row 1 of Pattern Stitch.

Here comes the tricky part . . . You will be decreasing one entire bobble (or 5sts) at a time. Refer to diagram below.



“5dec”: Slip sts 1, 2, and 3 knitwise onto right needle.
 Pass 2 over 3, so only 3 and 1 remain.
 Slip 3 onto left needle.
 Pass 4 over 3, so only 3 and 5 remain.
 Slip 3 onto right needle.
 Pass 1 over 3, so only 3 remains.
 Slip 3 onto left needle.
 Pass 5 over 3, so only one stitch remains.
 Knit this stitch.

Row 2 - K19, 5dec, K39, 5dec, K20. (80sts)

Row 3 - repeat row 3 of Pattern Stitch.

Row 4 - K8, 5dec, K23, 5dec, K19, 5dec, K15. (68sts)

Row 5 - repeat row 1 of Pattern Stitch.

Row 6 - K7, 5dec, K19, 5dec, K15, 5dec, K12. (56sts)

Row 7 - Repeat row 3 of Pattern Stitch. Now switch to dpn's.

Row 8 - K8, 5dec, K11, 5dec, K11, 5dec, K11. (44sts)

Row 9 - Repeat row 1 of Pattern Stitch.

Row 10 - K3, 5dec, K11, 5dec, K7, 5dec, K8. (32sts)

Row 11 - Repeat row 3 of Pattern Stitch.

Row 12 - 5dec, K7, 5dec, K3, 5dec, K7. (20sts)

Row 13 - *K2tog* repeat to end. (10sts)

Break yarn and thread yarn through remaining stitches. Draw tightly and secure.

Always machine wash your finished garment to rid it of residual fluff.

Triple Berry Cowl (Like the hat above, this cowl is knit inside-out.)

Materials: 2 balls PolarKnit™ 80m/88yds - Worsted Weight
 6mm / US 10 circular 16-17" long
 Stitch marker

Gauge: 4sts per inch. When you begin the Pattern Stitch below, there are approximately 4 bobbles every 3 inches.

Size: When laying flat the cowl measures 30cm wide x 21.5cm tall (12"wide x 8" tall).

Instructions:

Cast 68sts onto circular needle, join into round being careful not to twist stitches. Place a stitch marker to remind you where is beginning of the row is. Begin a rib pattern of *K1, P1* and repeat to end of row. Repeat this row 6 more times. The ribbed edge of the cowl is now finished.

Increase row - M1, *K2, M1* repeat until 4sts remain, *K1, M1* repeat to end, K1. (104sts)

Now begin the 4 row Triple Berry or Trinity Stitch explained on page 1 of this pattern. Repeat Rows 1 to 4 until your cowl measures about 7" from the cast on edge (or 9 bobbles).

Decrease row - K6,*K5, K2tog* repeat until 4sts remain, K4. (82sts)

Begin a rib pattern of *K1, P1* and repeat to end of row. Repeat this row 6 more times. Bind off.

Break yarn, weave in ends and secure.

Always machine wash your finished garment to rid it of residual fluff.